



THREDBO MOUNTAIN BIKE TRAIL MAP



MOUNTAIN BIKING IN THREDBO

Where better to pedal about on a mountain bike than in the Snowy Mountains. You can hire everything you need in Thredbo or bring your own equipment. There are easy valley trails and village riding for those cruising or for those who want an adrenalin filled downhill thrill, take the Kosciuszko Express to the top and ride the Thredbo MTB Downhill Trail or the new Kosciuszko Flow Trail.

Thredbo MTB

New to Thredbo in 2012 is the creation of Thredbo MTB. An exciting new business set to make Thredbo one of the key mountain biking destinations in Australia. Thredbo MTB will see a new and improved mountain biking experience in Thredbo, with the formulation of a master plan for new trails, an upgraded rental fleet; offering an extensive range of the latest all-mountain and downhill bikes, a reduced pricing structure, exciting new clinics, group riding sessions as well as private one-on-one tuition and personal guiding.

Mountain Bike Induction

This is a two hour introduction tour of either the Thredbo MTB Downhill or Kosciuszko Flow Trail. It involves a safety brief, protective equipment and bike inspection, introduction to lift usage, explanations of technical sections of the trails and a general introduction to the great riding in Thredbo.

Grade: Reasonable bike riding experience required
Length: 4.2km

Cost:

\$99pp includes chairlift ticket & qualified instruction (with own bike & helmet).

\$229pp includes chairlift ticket & qualified instruction (includes dual suspension downhill bike and protection equipment hire.)

Times: Shop Hours – 8.30am to 5pm

Chairlifts Times: 9am to 4pm

Season: 18 November 2012 – May 2013 (track conditions permitting)

Bookings:

Through Thredbo MTB on (02) 6459 4119

NB. Hire equipment is limited so bookings essential. Bring sturdy shoes, and wear layered clothing. Bike patrols circulate all day with spare parts and advice. Hire bikes and equipment are available along with group clinic or private lesson packages. Full-face

helmets are compulsory & body armour is highly recommended.

Lift Passes

On completion of the mandatory Thredbo MTB Mountain Bike Induction, riders can purchase unlimited day passes from Thredbo MTB for \$69.00 per day. Discounts apply for consecutive day passes. Mountain Bike Clinic These two hour clinics are run by our experienced guides and focus on developing the skills needed to ride Thredbo's terrain. From cornering, to climbing, to rock drops and chutes our guides have all of the tips to improve your riding and make mountain biking more enjoyable.

Guided Private Tours Our guides are available for private guiding on all trails. Whether it's a scenic, downhill or all-mountain tour or just some general riding tips we have the guides who can make your trip to Thredbo a great experience. Bookings available through Thredbo MTB.

Custom tours, guided tours & clinics

Thredbo MTB can customise tours for groups of almost any size. Choose from a variety of great rides that cater for all abilities like all-mountain tours, downhill clinics, pedal picnics, corporate team building rides and excursions for school groups. Other programs include pro rider clinics, private lessons, group clinics and women's weekends. Call into the shop to discuss. Bookings are essential through the Thredbo MTB Base at the Kosciuszko Express chairlift or on (02) 6459 4119.

Hire a bike

Experience the magic of cross country mountain bike riding in the National Park, with bike hire available for all the family. Grab a trail map and ride the network of trails around the village and Thredbo Valley. Cost: Bike hire all-mountain \$99 per day, downhill \$129 per day Bookings through Thredbo MTB Base at the Kosciuszko Express chairlift or on (02) 6459 4119.

Mountain Trails

11 Thredbo MTB Downhill Trail (Advanced) 3.8km

This is Thredbo's signature downhill trail. Filled with jumps, rock drops, exhilarating fast single track and other technical features this is a trail for the downhill mountain bike purist. Features such as Snakes and Ladders as well as the Bunny Walk trees make this an action packed adventure from top to bottom.

13 Merritts Traverse (Advanced) 8km

Guided rides only. Based mainly on summer access roads, this trail is a true adventure that contains some uphill sections as well as steep loose downhill trails. Definitely one for the rider who is looking for something a little different.

8 Kosciuszko Flow Trail (Intermediate) 5.8km

Thredbo's newest trail is a gravity fed flow trail that goes from the top of the Kosciuszko Express all the way to the village. It is a fun filled trail with rollovers and smooth berms that offers the adrenalin rush of the main downhill trail without all of the technical features. The trail takes a less direct route down the mountain making the riding less taxing and giving riders a chance to take in the spectacular scenery.



Valley Trails

12 Meadows Trail (Advanced) 1km

Meadows Trail is a technical section of single track that will test the most experienced mountain bikers. Small rock drops and staircases provide plenty of single-track entertainment. It links up with the Golf Course Trail.

9 Lower Mountain Traverse (Intermediate) 2km

This is the link between Friday Flat Trail and the Golf Course Trail. After crossing under the Kosciuszko Express chair you can stay on the high trail and tackle the Meadows Trail or take the lower trail joining the Golf Course Trail or finish up at the base of the village.

6 Bridle Trail Loop (Intermediate) 3km

A more technical section of single-track this trail offers riders a chance to test their climbing skills on the short steep mid section. It also is the access point for the Thredbo Valley Trail.

7 Golf Course Trail (Easiest/Intermediate) 3km

This picturesque trail starts at the Thredbo Community Centre and goes in an anticlockwise direction around Thredbo's Golf Course returning alongside the Thredbo River. This is some of Thredbo's easiest single-track still providing enough challenge to get the blood pumping.

5 Thredbo Valley Trail (Easiest/Intermediate) 7km Return

Stage one is now complete. This multipurpose trail takes riders down the picturesque Thredbo Valley across three newly completed suspension bridges. Currently it is a 7km return trip on a shared pathway that meanders down the banks of the Thredbo River. The trail will be completed in 2015 and will run all the way to Lake Crackenback Resort 25km down the valley.

2 Friday Flat Trail (Easiest) 1.5km

An easier loop on Friday Flat that links the Bridle Trail Loop with our lower mountain trails.

3 Pipeline Trail (Easiest) 2km

Starting at the main bridge crossing and following the Thredbo River this is the easiest trail that Thredbo offers. It is a great way of linking up with the Bridle Trail Loop or the Friday Flat Trail.